

ALL DAY CAVE OFFERINGS

PALEO BOWL – greens/grass-fed beef sausage/sweet potatoes/sauerkraut + ½ Avocado/Egg/2 Slices Toast	8 1 ea.
AVOCADO HALF – greens/EVOO/sea salt/pepper + hard-boiled egg or fried egg	2.25 1
AVOCADO TOAST – greens/EVOO/sea salt/pepper + hard-boiled egg or fried egg	5 1
CITRUS AVOCADO TOAST – greens/lime juice/clover sprouts + hard-boiled egg or fried egg	6 1
TOAST (DF) – 2 slices/blueberry chia seed jam	2.5
PALEO GRANOLA (DF) – granola bowl/seasonal fruit/milk of choice (SM or LG)	4/7
<u>SANDWICHES – Choice of Side Salad or Chips</u>	
TWO CHEESE PANINI - Muenster/Mozzarella/Organic Spinach	6.5
EGG SALAD - Organic Eggs/Avocado Mayo/Spinach or Sprouts	7
VEGGIE PANINI - Sundried Tomatoes/Roasted Peppers/Organic Spinach/Muenster Cheese	7.5
CHICKEN PESTO PANINI - Pesto/Organic Chicken Breast/Organic Spinach/Muenster Cheese	8
<u>NOSH</u>	
HUMMUS & CRACKERS - roasted carrot/pepper hummus/artisan quinoa crackers	6
OLIVES & CHEESE - olive mix/locally sourced goat cheese/artisan quinoa crackers	8
BEEF & CHEESE - beef sausage/locally sourced goat cheese/artisan quinoa crackers	8
CHEESE & CHEESE - 2 varieties of locally sourced goat cheese/artisan quinoa crackers	7
<u>GLUTEN-FREE FLATBREADS 12” ROUND</u>	
RED – housemade red sauce/spinach/peppers/mozz/parm	13
WHITE – olive oil/garlic/roasted peppers/spinach/mozz/parm	13
PESTO – pesto/olive oil/artichokes/sundried tomatoes/spinach/mozz/parm/pine nuts	14

- **CAVEGIRL COFFEEHOUSE IS 100% GLUTEN FREE/REFINED SUGAR FREE/MOSTLY DAIRY FREE** •
- **WE ARE PALEO INSPIRED AND SOURCE AS MANY ORGANIC INGREDIENTS AS POSSIBLE** •