

# MENU

VEGAN OAT ROLL (V, NF) – SERVED WITH CHIA SEED JAM OR GHEE	3
BREAKFAST BURRITO (P, NF) – EGG & CHEESE (OR VEGAN CHEEZE)	7.75
– SERVED WITH HOUSE MADE AVOCADO SALSA	
+ HATCH GREEN CHILI SAUSAGE BY BOULDER SAUSAGE	.75
EGG SAMMY (NF) – VEGAN OAT ROLL/EGG/SPINACH/GHEE	8
+ CHEESE + AVOCADO	1 EA.
PALEO GRANOLA BOWL – BERRIES & MILK OF CHOICE (SM or LG)	6 / 8
GRANOLA TOAST (DF) – ALMOND BUTTER/BANANA/GRANOLA/HONEY	6.5
AVOCADO HALF (V, NF) (NO BREAD) – EVOO/SEA SALT/PEPPER	2.75
+ HARD-BOILED OR FRIED EGG	1
AVOCADO TOAST (NF, DF) – EVOO/SEA SALT/PEPPER	6.75
- CITRUS AVOCADO TOAST (LIME JUICE & CLOVER SPROUTS)	7.25
- MED AVOCADO TOAST (PICKLED ONION/BALSAMIC KALAMATA OLIVES/FETA/LEMON	7.75
- SMOKED SALMON TOAST (CUCUMBER/SMOKED SALMON/LEMON/DILL)	9
- SMOKED SALMON MELT (SALMON/MUENSTER/LEMON/CAPERS	9
+ HARD BOILED OR FRIED EGG ON ANY OF THE ABOVE	1
PALEO BOWL (NF, DF) – SPINACH/GRASS-FED BEEF OR CHICKEN SAUSAGE /SWEET POTATOES	10.5
+ ½ AVOCADO / HARD-BOILED OR FRIED EGG	1 EA.
+ VEGAN OAT ROLL	1.25

A PLACE TO HUNT & GATHER

# MENU

## SANDWICHES - COMES W/CUCUMBER SALAD OR BOULDER CHIPS

EGG SALAD (NF) - MAYO/DIJON MUSTARD/SPINACH	8.5
CHICKEN SALAD - MAYO/CRANBERRIES/WALNUTS/CELERY ONION/SPINACH	9.5
VEGGIE (V) - ROASTED PEPPER & CASHEW HUMMUS SPINACH / CUCUMBER / SPROUTS + 1/2 AVOCADO / 1 SLICE CHEESE	8.5 1 EA.
GRILLED CHEESE PANINI (NF) - MUENSTER/CHEDDAR/SPINACH	7.5
VEGGIE PANINI (NF) - SUNDRIED TOMATOES/ROASTED PEPPERS/SPINACH/MUENSTER	8
CHICKEN PESTO PANINI - PESTO/SPINACH/MUENSTER	9.5

## SCOOPS - NO BREAD - WITH CUCUMBER SALAD & PALEO CRACKERS

ROASTED PEPPER & CASHEW HUMMUS - ROASTED PEPPERS CASHEW/TAHINI/SPROUTS	8
EGG SALAD (NF) - MAYO/DIJON MUSTARD/SPROUTS	8.5
CHICKEN SALAD - CELERY/MAYO/CRANBERRIES/WALNUTS ONIONS/SPROUTS	9

## SALADS - SPRING MIX / ROMAINE BLEND

BLT (NF) - TOMATO/TURKEY BACON/PICKLED ONION AVOCADO/HARD-BOILED EGG	11
CHICKEN MANDARIN - ALMONDS/MANDARINS/CUCUMBER	11