

SMOOTHIES

16OZ - \$8.00 - INCLUDES VEGAN PROTEIN

ADD-IN'S \$0.75 EACH: COLLAGEN, CACAO, MUSHROOMS, HEMP, CHIA, SPINACH, BEE POLLEN, AVOCADO, SPIRULINA

AB & J - ALMOND MILK / BANANA / ALMOND BUTTER / CACAO STRAWBERRY CHIA JAM - TOPPED WITH CACAO NIBS

BANANA BERRIES - COCONUT MILK / BANANA / MIXED BERRIES AVOCADO / LEMON / CHIA - TOPPED WITH CHIA SEEDS

EMERALD CITY - COCONUT MILK / PINEAPPLE / BANANA / SPINACH CUCUMBER / CHIA / SPIRULINA LEMON - TOPPED WITH COCONUT

FROZEN CAVE FUEL - COLD BREW / BANANA / CACAO / MCT OIL DECAF COFFEE POWDER

GOLDEN BEE - COCONUT MILK / BANANA / MANGO / BEE POLLEN TURMERIC / LEMON / GINGER / HONEY - TOPPED WITH BEE POLLEN

GREEN GODDESS - ALMOND MILK or SUJA JUICE / BANANA / APPLE SPINACH - TOPPED WITH COCONUT

TROPICAL DREAMS - COCONUT MILK / BANANA / PINEAPPLE / PEACH STRAWBERRY / MANGO - TOPPED WITH COCONUT

WANNA DATE? IN THE DARK? ADD CACAO POWDER - COCONUT MILK ALMOND MILK / BANANA / DATES / ALMOND BUTTER