

# SMOOTHIES

INCLUDES VEGAN PROTEIN

16oz

8.25

## AB & J

almond milk, banana, almond butter, cacao, and berry chia jam – topped with cacao nibs

## BANANA BERRIES

coconut milk, banana, mixed berries, avocado, lemon, and chia seeds – topped with chia seeds

## EMERALD CITY

coconut milk, pineapple, banana, spinach, cucumber, chia seeds, and spirulina – topped with coconut shreds

## FROZEN CAVE FUEL

cold brew, banana, cacao, MCT oil, and decaf coffeegrounds – topped with cacao nibs

## GOLDEN BEE

coconut milk, banana, mango, bee pollen, turmeric, lemon, ginger, and honey – topped with bee pollen

## GREEN GODDESS

almond milk or Suja Juice, banana, apple, and spinach – topped with coconut shreds

## TROPICAL DREAMS

coconut milk, banana, pineapple, peach, strawberry, and mango – topped with coconut shreds

## WANNA DATE?

coconut milk, almond milk, banana, dates, and almond butter – topped with cacao nibs

## WANNA DATE IN THE DARK?

coconut milk, almond milk, banana, dates, almond butter, and cacao – topped with cacao nibs

## ADD-INS

+0.75

collagen, cacao, mushrooms, chia, spinach, bee pollen, avocado, spirulina

100% GLUTEN FREE



V = VEGAN VEG = VEGETARIAN NF = NUT FREE DF = DAIRY FREE